

Kindness

A little act of kindness can go a long way toward making someone have a better day. Can you draw a smile on each of these faces?



Do you remember a time someone was kind to you?

Who was it?

 What did they do that was kind?

 How did it make you feel?

 Draw a picture or write about that memory.

Do you remember a time you were kind to someone else?

Who was it?

 What did you do that was kind?

 How did it make you feel?

 Draw a picture or write about that memory.

Standards Link: Language Arts: Discuss/write about a personal experience in detail.

Kindness Bingo

Read each of the acts of kindness on this Bingo card.

Try to do each of these simple acts of kindness in the coming week. Color in a box every time you do one. Can you color in the entire Kindness Bingo card in a week?

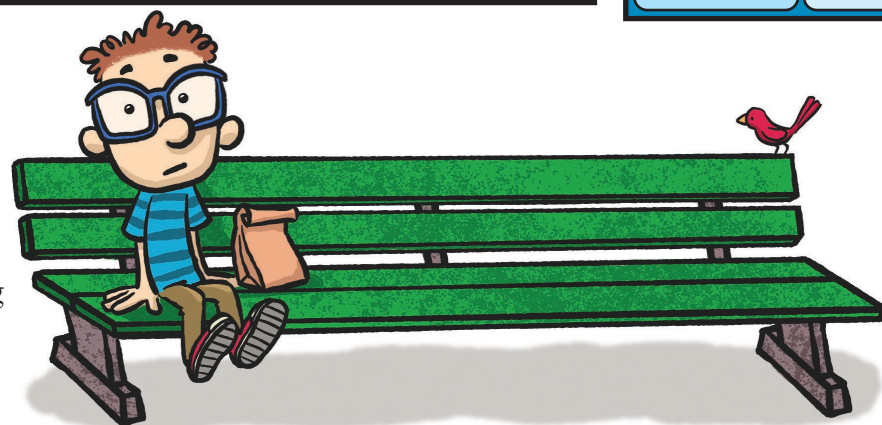
Send a cheerful letter to a family member	Help pick up litter at school	Read a story to a younger kid	Say "Thank You" to at least three people
Share your favorite book with a friend	Help clean up at home	Draw a picture for an elderly neighbor	Clear the table after a meal
Compliment a friend or family member	Thank your teacher for all they do	Be a good sport, no matter if you win or lose	Help set the table for dinner
Invite a younger kid to play a game with you and your friends	Compliment your school custodian	Pick up your toys without being asked	Listen to a friend who seems sad or upset
Talk to a child who seems lonely	High-five your principal at school	Make a list of five great things about a friend	Make a list of five good things about you

Create Your Own Kindness Bingo Card!

Buddy Bench

This is Trevor. He is new at school. He's eating lunch all alone because he doesn't know anyone yet.

Draw some new friends sitting with Trevor on the bench. It's kind to introduce yourself and your friends to someone new!



Standards Link: Reading Comprehension: Follow simple written directions.

Extra! Extra!

Kindness News is Good News!

Look through the newspaper for examples of people being kind. Cut them out and make a Kindness Poster.

Standards Link: Use the newspaper to locate information.

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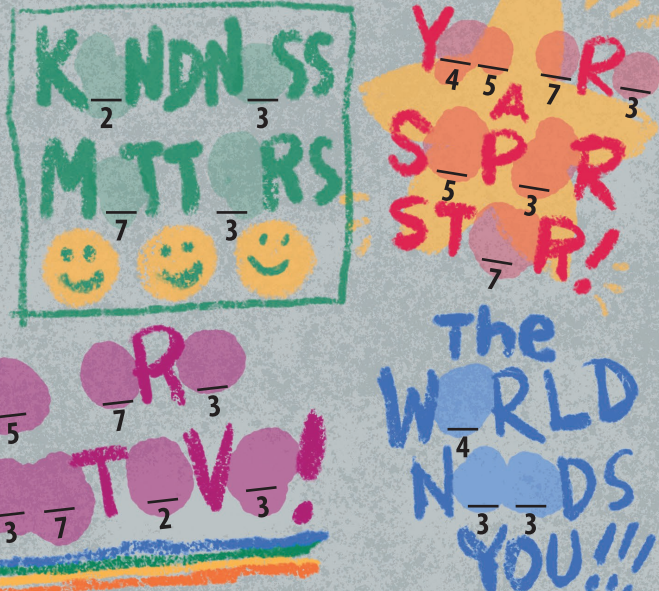


kidscoop.com/activity-pages/

Kid Scoop Puzzler

Ms. McAmity's students wrote messages of kindness in chalk on the playground. But a little rain washed away some of the letters. Use the code to fill in the missing vowels.

CODE
 7 = A
 3 = E
 2 = I
 4 = O
 5 = U



Standards Link: Reading Comprehension: Follow simple written directions.

Double Double Word Search

- BINGO
- CLEAN
- DRAW
- FAMILY
- FRIENDS
- KIND
- MEMORY
- NEW
- SCHOOL
- SPORT
- STORY
- TEACHER
- THANK
- TOYS
- YOU

Find the words in the puzzle. How many of them can you find on this page?

T	Q	D	N	I	K	U	O	Y	L
R	E	R	X	N	T	V	B	R	M
O	N	A	E	L	C	O	X	O	E
P	F	W	C	Z	T	J	Y	T	M
S	B	A	L	H	G	H	K	S	O
C	T	U	M	F	E	P	A	G	R
H	Q	J	P	I	X	R	N	N	Y
O	E	R	N	C	L	I	H	W	K
O	S	T	E	Z	B	Y	O	S	D
L	H	I	S	D	N	E	I	R	F

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

FROM THE LESSON LIBRARY

Tell Your Town

Write a letter to the editor of your local newspaper explaining why it is important for people to be kind. Give examples of kindness in your letter. They just might print it!

Standards Link: Language Arts: Write opinion pieces.



Where can you find some of the kindest kids in school?

ANSWER: = In KINDER-garten

Write On!

Kindness Poem

Write a poem about kindness.