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upper

lower

Open Wide and Meet Your Teeth Read the descriptions of each kind of tooth and then label the

 Incisors—The teeth at the front of your mouth are called incisors. They have sharp edges to help you bite into food, like a pear.

tooth chart at right.

- Canines—The really pointy teeth on either side of your incisors are called camines and they help to tear off food into bites, like meat.
- Molars—At the back, are your molar teeth. These big. bumpy teeth help you chew food before swallowing it.

Baby Teeth On Board

Some people think that cavitie

in baby teeth don't matter.

Dental decay in baby teeth

can negatively affect

permanent teeth and

lead to future dental

problems.

because they'll be lost anyway. But that's not



Nothing But the Tooth

Teeth stay in the mouth because, like trees, they have roots that hold them in our jaws. Tooth roots are usually long and smooth. Front teeth usually have only one root. Back teeth can have as many as three.

blood Do the math to complete this diagram of a tooth. vessels 18 14

Why do we lose our baby teeth? People get two sets of teeth When will I get my because as you grow, your permanent teeth? mouth gets bigger. Incisors:

People only have two sets of teeth, so we have to do our best to look after them by brushing twice a day with toothpaste and avoiding sweet drinks and snacks

Give Kilds A Smille* More than 5.5 million children have received free oral health services through GNe Kids A Smile since the eztkoral program begae in 2003.

To get contact information for the Give Kids A Smile program nearest you, call 844-490-4527 or visit adaloundation.org

A Great Smile Starts with Healthy Teeth

Healthy teeth give you a great smile and prevent painful problems. Use this chart to keep track of your brushing this week.

Find a brushing buddy at home.

2. Ask your buddy to color a sun in the correct box each time you brush your teeth in the morning and a moon each night. Can you earn both each day?

6-8 years old

Canines:

9-12 years old

First molars:

9-11 years old

Second molars: 10-12 years old



Note to Pasents: Anada Itahoe Nibresh and Rossa childs teeth until the orshe is ad east 6 years old. By agu 6 or 7, dd Nhan should be able to bresh their own teeth twice a day with adults appendice. Brush your even ben'h with your dd Nhan. Practice flossing logether and stay has Nhy as a time by

Healthy Search Look through today's newspaper to find: a big smile

a healthy drink

a healthy food

a healthy person ☐ someone getting

exercise

Standards Link: Research: Use the reverpaper to locate

Can you find your way through this tangle of dental floss?

CANINES PAINFUL DENTAL TEETH SMILE. MOLAR MOUTH CROWN ORAL JAWS PULP

BITE

CHEW

INCISORS

Find the words in the puzzle. How many of them can you find on this page?

WEHCHROOTS RUS C TC WRWAUO IAOMNTDOE JWLISEPEMI NENONELTAC CEHTMTUIDN SLAROHPBMI ALUFNIAPYS

Standards Link: Letter sequencing. Recorgized Identical words. Skim and scan reading. Recall spelling patterns.

you teethan a makesyour moun ritweise aftroofs 20. Azuans g. ra absorrap nez nedou — ethrann

g n'i ann dens to yen se door gan ga Use a timer or human ealphabet 8 swanA.S

and an income deputing an income But h yourse that eather draud

Kid Scoop VOCABULARY BUILDERS

This week's word: DECAY The verb decay means

to weaken in health. Her eyesight was

beginning to decay

with age. Try to use the word decay

in a sentence today when talking with your friends and family.

LESSON LIBRARY Opposites

Select and clip a photo from today's paper and glue it to a piece of paper. Next to the photo, write five words that describe it. Next to each word write its antonym.

Standards Link: Language Arts: Understand and use antonyms



Vrite On! 🐗

Tooth Fai

do with all those teeth? What are your ideas? Write about them!





Test? Are you as bright as your teeth? Take this quiz to find out!

- 1. How often should you brush your teeth? A. At least two times a day,
 - moming and night
 - B. Mondays, Wednesdays and Fridays only
 - C. No more than once a day
- How long should you brush your teeth? A. Less than 30 seconds

How many

toothbrushes

can you find on

this page?

17-4 = root

10+4 = pulp

18+3 = crown

12 + 4 = dentin

9+9 = enamel

11+9 = nerves and

- B. At least 2 minutes C. 4 hours or more
- 3. Which is the right amount of
- toothpaste to use? A. A'pea-size amount
 - B. A thumb sized amount
 - C. Abig-toe sized amount
- 4. The best way to brush your A. Straight up and down
 - B. Insmall circles C. Side to side
- 5. When should I floss my
 - teeth? A. Once a month B. Once a week
- C. Every evening 6. How often should I visit a
- dentist? A. Every 6 months
 - B. Once a year
 - C. Every two years
- 7. Should I brush my gums and tongue? A. Neve
 - B. Every day
 - C. When you feel like it

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